

**Lesson**

**26**

# Close Reading

## **1<sup>st</sup> Read – Scratch the Surface**

- get the gist of the text

## **2<sup>nd</sup> Read – Discover New Words**

- highlight/underline any unfamiliar words
- use context clues to determine the meaning of the word
- write the definition on the text

## **3<sup>rd</sup> read – Dig a Little Deeper**

- determine the main idea of each paragraph or section of the text
- write the main idea on a post-it

## **4<sup>th</sup> read – Analyze the Text**

- teacher determines (identify theme, cause and effect, author's purpose, etc.)

# Lesson 26

## Outrunning Polio

Wilma Rudolph was an African American runner who went the distance and inspired others. She let nothing stop her, not even poverty and illness, as she became one of the most celebrated female athletes.

The twentieth of twenty-two children, Wilma Rudolph was born in Tennessee. Her parents were hard working, but they had very little money. Wilma's mother made her daughters' dresses out of flour sacks because it was the only way she could provide clothes for her children to wear.

When Wilma was just a young girl, her left leg and foot grew weak. Her mother took her to the doctor, who discovered that Wilma had a disease called polio. Although children today are vaccinated so they will not get this disease, there was no cure available then. As a result, the doctor said that Wilma would never be able to walk.

However, Mrs. Rudolph did not give up on Wilma. Twice a week for two years, she took her daughter to a medical college for treatments. The college was fifty miles away, but Mrs. Rudolph was determined to help Wilma.

① These treatments helped Wilma walk, but she had to wear a heavy metal leg brace. At home, her family helped her do more exercises to strengthen her leg and foot. When Wilma was twelve, she was finally able to walk without the brace. Still, that wasn't good enough for this young girl. She wanted to become an athlete.

② First, Wilma became a high school basketball star. In fact, she led her team to the state championship. Then she turned her attention to track. She became such a fast runner that she earned a bronze medal at the 1956 Olympic Games. She was only sixteen. Four years later, in 1960, she became the first American woman to win three Olympic gold medals. Many groups chose her as the "athlete of the year" that year.

After competing all over the world, Wilma returned to her high school and coached its track team. She also started the Wilma Rudolph Foundation, which still helps poor children become athletes.

③ Wilma lived only fifty-four years, but she made her mark on the world. She had been told that she would never walk, yet Wilma ran so fast that she made history.



# Lesson 26

## Vocabulary Review

### announced

Each day, a different student announced school news over a loudspeaker.



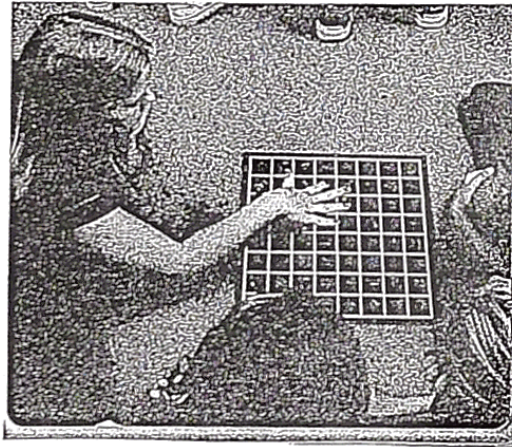
### ability

An ability is a special skill. Dogs have the ability to run fast.



### compete

The two players compete against each other to win the game.



### advice

Adults often give good advice. They have ideas about solving problems.



### proud

These young actors feel proud of their terrific performance in a school play.





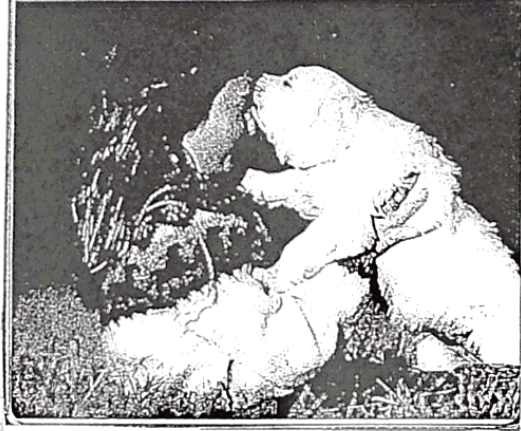
## principal

A principal who gets to know the students will be a better leader.



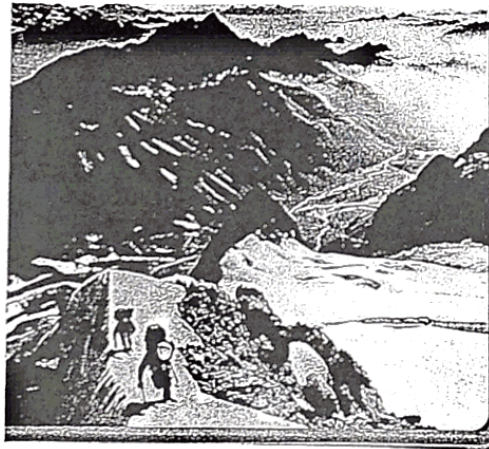
## loyal

Dogs are usually loyal pets. They stick by their human friends.



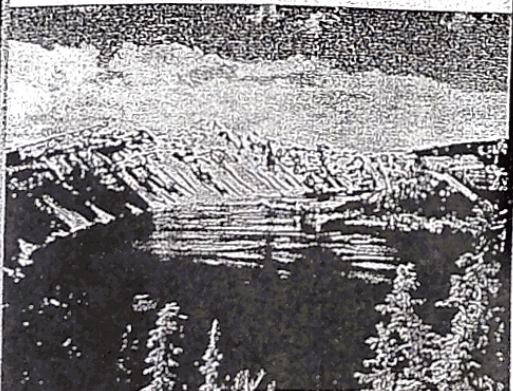
## approached

Climbers approached this mountain from the west. Slowly, they got nearer to it.



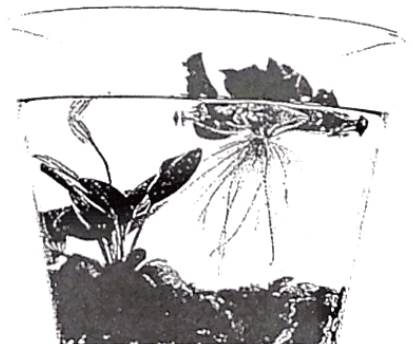
## loveliest

Oregon's Crater Lake is one of the loveliest national parks. It is beautiful.



## absorb

A plant's roots absorb water. They soak it up.



Name \_\_\_\_\_ Date \_\_\_\_\_

# Common Final Syllables

## The Foot Race Across America

Phonics: Common Final  
Syllables *-tion, -sion, -ture*

Choose a word from the box to complete each sentence.

Read the completed sentence.

Word Bank				
action	attention	confusion	discussion	furniture
future	motion	nature	picture	protection

1. Give me the camera and I will take your \_\_\_\_\_.
2. No one knew what to do, so there was a lot of \_\_\_\_\_.
3. If you push the toy car, you set it in \_\_\_\_\_.
4. This is important news, so pay \_\_\_\_\_.
5. Yesterday is the past, and tomorrow is the \_\_\_\_\_.
6. An umbrella gives you \_\_\_\_\_ from the rain.
7. Let's have a \_\_\_\_\_ to talk about our plans.
8. Tables, chairs, and sofas are kinds of \_\_\_\_\_.
9. I like that pirate movie because it has lots of \_\_\_\_\_.
10. Trees, animals, and clouds are all parts of \_\_\_\_\_.

## Projectable 26.2

The Foot Race Across America Vocabulary Strategies Suffix *-ion*Suffix *-ion*The suffix *-ion* can turn a word that is a verb into a noun.

Word	Meaning	Word	Meaning
pollute	<i>verb</i> to make dirty or harmful to living creatures	pollution	<i>noun</i> the dirtying of air, water, or soil
interrupt	<i>verb</i> to break in upon or stop something	interruption	<i>noun</i> a sudden stop to something
confuse	<i>verb</i> to cause to be unable to understand	confusion	<i>noun</i> the state of being confused

Find the word with the suffix *-ion* and its base word in each sentence pair. Underline the words. Then tell which word is the verb and which is the noun.

1. There are kittens available for adoption at the animal shelter.

Can we adopt one, please?

\_\_\_\_\_

2. The abbreviation for *street* is *St.* How do you abbreviate the words *road* and *lane*?

\_\_\_\_\_

3. Our town raised money to construct a playground. When the construction is finished, we will have a fun new place to play.

\_\_\_\_\_

4. Teachers at my school suggest we read for thirty minutes each day.

I don't mind this suggestion because I love to read.

\_\_\_\_\_

5. After drafting my story, I chose to revise it to make it funnier.

The revision is a lot better than the original!

\_\_\_\_\_

Vocabulary Strategies

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Grade 3, Unit 6

## The Footrace Across America Fill in the Blank

principal	proud	announced	advice	loyal
ability	absorb	loveliest	compete	approached

1. The \_\_\_\_\_ of our school walks up and down the halls each morning.
2. The dirt will \_\_\_\_\_ the rainwater because it is so dry outside.
3. My parents were \_\_\_\_\_ of me when I scored a goal.
4. The girl had the \_\_\_\_\_ to read an entire chapter book in one night.
5. I \_\_\_\_\_ the counter when I entered the doctor's office.
6. I needed some \_\_\_\_\_ about studying from my teacher.
7. The two classes would \_\_\_\_\_ against one another in kickball.
8. The dog was very \_\_\_\_\_ to his owner.
9. The teacher \_\_\_\_\_ that there would be no school tomorrow.
10. She had the \_\_\_\_\_ necklace I have ever seen.



The Footrace Across America Vocabulary Strategy: Suffix -ion

Circle the word that best completes each sentence below.

1. Which word best completes the sentence?

The \_\_\_\_\_ to our house makes it much larger.

- a. add
- b. addition
- c. adding

2. Which word best completes the sentence?

The city had much \_\_\_\_\_ causing harm to the environment.

- a. pollution
- b. polluting
- c. polluter

3. Which word best completes the sentence?

The baby cried to get his mother's

- \_\_\_\_\_
- a. attendance
  - b. attending
  - c. attention

4. Which word best completes the sentence?

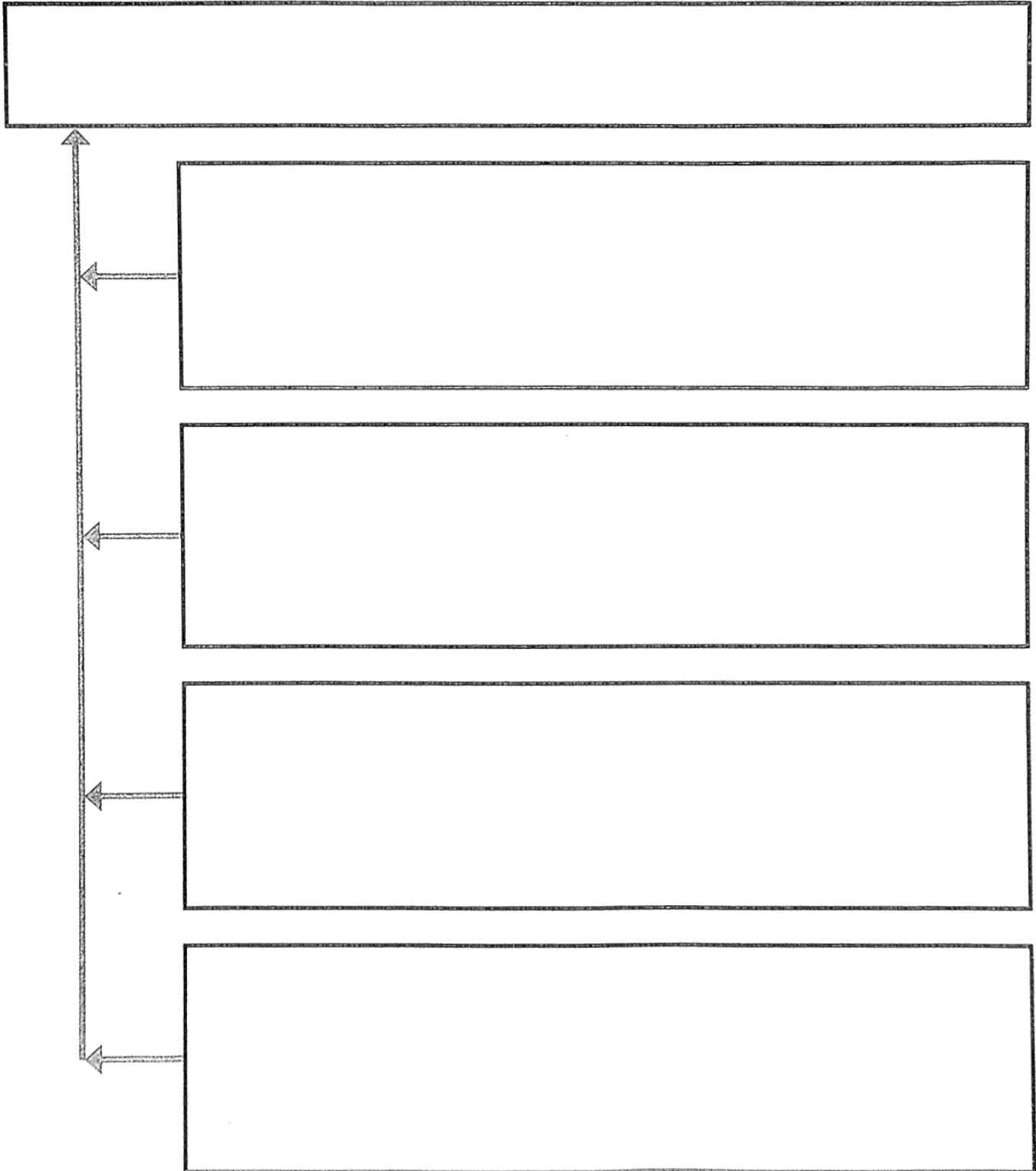
The \_\_\_\_\_ was between the best two teams in the league.

- a. competition
- b. competing
- c. competitors

Name \_\_\_\_\_ Date \_\_\_\_\_

# Idea-Support Map: \_\_\_\_\_

Title or Topic \_\_\_\_\_



Name \_\_\_\_\_ Date \_\_\_\_\_

# Idea-Support Map: \_\_\_\_\_

Title or Topic \_\_\_\_\_







**The Foot Race  
Across America**  
Independent Reading

# The Foot Race Across America



## Write a Speech

Andy Payne is receiving an award after the race, but first he must give a speech. Note important details from the text before you write the speech.

**Read page 7. What were the specific details of the race that Andy saw in the newspaper?**

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**Why did Andy want to run in the race?**

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**Read pages 8–9. What was the first part of the race like?**

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**Read page 10. What troubles did Andy and the runners face?**

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**Read pages 12–14. What happened at the end of the race?**

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# Common Final Syllables *-tion*, *-sion*, *-ture*

**The Foot Race  
Across America**  
Phonics: Common Final  
Syllables *-tion*, *-sion*, *-ture*

Read each word. Rewrite the word on the line. Draw a slash to break the word into syllables. Reread the word. The first one has been done for you.

1. action                      ac/tion

2. picture                      \_\_\_\_\_

3. question                      \_\_\_\_\_

4. tension                      \_\_\_\_\_

5. future                      \_\_\_\_\_

6. lotion                      \_\_\_\_\_

7. mansion                      \_\_\_\_\_

8. nation                      \_\_\_\_\_

9. pasture                      \_\_\_\_\_

10. station                      \_\_\_\_\_

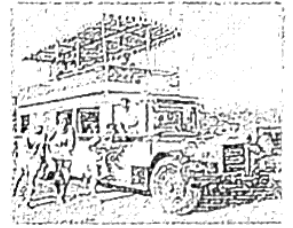


# VOCABULARY TEST FOR THE FOOT RACE ACROSS AMERICA

Name \_\_\_\_\_ Date \_\_\_\_\_

Write the vocabulary word that matches the definition.

1. \_\_\_\_\_ Feeling pleased and satisfied over something owned, made, or done
2. \_\_\_\_\_ Beautiful; very pleasing
3. \_\_\_\_\_ The head of a school
4. \_\_\_\_\_ To officially make known
5. \_\_\_\_\_ Take in or soak up
6. \_\_\_\_\_ The quality of being able to do something.
7. \_\_\_\_\_ To come near or nearer
8. \_\_\_\_\_ Faithful
9. \_\_\_\_\_ An idea or suggestion about how to solve a problem
10. \_\_\_\_\_ To take part in a race or contest against another person



ability      absorb      loveliest      compete      approached  
loyal      advice      announced      proud      principal

Name: \_\_\_\_\_

ability    absorb    loveliest    compete    approached  
loyal    advice    announced    proud    principal

## Vocabulary Sentences

Directions: Pick 6 vocabulary words and use them in complete sentences. Each sentence needs at least 8 words.

1.

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2.

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3.

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4.

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5.

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6.

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